

MAKE GOAL SETTING WORK FOR YOU - few ideas:

- think, say, write & formulate your **goal & result** you crave for
- write down points, that can help you be sure you **have reached** it
- specify what is **"in the scope"**
- set precise & feasible **timing**
- picture **what you will have** when you have reached your goal
- consider **how much you want it**



Be aware of your resources: your skills & outer opportunities.